**Skin Pen Pre and Post Treatment Instructions**

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https://www.demandforced3.com:443/cp/image.jsp?bid=121001032&id=66735 **Pre-Treatment**

1. Avoid sun exposure/burns 24 hours prior to treatment
2. Discontinue use of retinoid products 24 hours prior to treatment
3. No active breakouts or lesions
4. https://www.demandforced3.com:443/cp/image.jsp?bid=121001032&id=67719https://www.demandforced3.com:443/cp/image.jsp?bid=121001032&id=67729Wait six month following isotretinoin use (Accutane, Claravis, Amnesteem, Myorisan, Sotret)
5. Fitzpatrick IV-VI, pigment may darken prior to lightening
6. You can receive dermal filler 1 week after skin pen OR dermal filler 2 weeks before skin pen treatment
7. You can receive skin pen 2 days after neurotoxins (as long as no bruising)
8. Numbing cream will be applied prior to treatment

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1. **Day of treatment** – apply Lift as needed. In the evening, rinse face with warm water and reapply Rescue and lift as needed. No other skin care products, make-up or SPF today. No exercising/avoid sweating.
2. https://www.demandforced3.com:443/cp/image.jsp?bid=121001032&id=67719**Day 2 & 3:** Use Sanavi Pumpkin Cleanser (a.m. & p.m.), Vitamin C Serum (a.mn.) Arnica Serum (a.m. & p.m.), Bio Copper Serum (a.m. & p.m.), Alpha Bisabolol complex (p.m.), Peptide eye serum (a.m. & p.m.). You CAN wear SPF and make-up. No exercising/avoid sweating.
3. https://www.demandforced3.com:443/cp/image.jsp?bid=121001032&id=67729**Day 4:** Resume normal skin care regimen (you can use retinols and other “active” products). You can resume exercising.

**Treatment Protocols**  
https://www.demandforced3.com:443/cp/image.jsp?bid=121001032&id=66735 **Series of 1-3 Treatments at 4-wk. intvls.** https://www.demandforced3.com:443/cp/image.jsp?bid=121001032&id=66735 **Series of 3-6 treatments at 4-week intervals**  
\*Improve texture \*Moderate to deep wrinkles

\*Uneven skin tone \*Atrophic acne scars

\*Large pore size \*Traumatic scars

\*Fine lines

https://www.demandforced3.com:443/cp/image.jsp?bid=121001032&id=66735**Contraindications**

SkinPen II is contraindicated for patients with a history of keloid scaring, scleroderma, collagen vascular diseases or cardia abnormalities; a hemorrhagic disorder or hemostatic dysfunction; or an active bacterial or fungal infections.