



MEDICAL HISTORY (please print)

LAST NAME _____ FIRST NAME _____ DOB _____ M
☐ F ☐

Welcome!

Our goal as your Woodlands Wellness and Cosmetic team, is to deliver the absolute best, professional wellness and cosmetic experience possible. To customize your experience and assure your satisfaction and safety, please complete the questions below.

WHAT ARE YOUR PRIMARY CONCERNS FOR TODAY'S VISIT?

MEDICATIONS

Please list all the medications you are currently taking, including strength and number of times per day taken. NONE

MEDICAL HISTORY

Please mark any of the following diagnoses that apply to you, please include the year you were diagnosed. NONE

Acid Reflux	Coronary Artery Disease	Migraine Headaches
Allergic Rhinitis	Depression	Osteoarthritis
Anxiety	Diabetes	Pacemaker
Asthma	Emphysema	Seizure Disorder
Atrial Fibrillation	Gout	Thyroid Disease
Attention Deficit	Hepatitis	Neuromuscular Disorder
Cancer (Breast, Ovary, Uterine)	High Blood Pressure	
Cancer (Lung)	High Cholesterol	
Cancer (Prostate)	HIV/AIDS	
Congestive Heart Failure	Irritable Bowel Syndrome	

DRUG ALLERGIES

If you are allergic to any medications, please write the name of the medication and the adverse effect. NONE

Anesthetics	Aspirin	Codeine	Latex	Penicillin	Sulfa
Other:					

Reaction: _____



SURGICAL HISTORY

Please mark any of the following surgeries that apply to you and note the year performed. **NONE**

Appendix	Heart Bypass	Tonsillectomy
Artery Bypass	Hysterectomy	Osteoarthritis
Balloon Angioplasty	Knee Surgery	Tubal Ligation
Cardiac stent	Mastectomy	Seizure Disorder
Colon Surgery	Organ Transplant	Valve Replacement
Disc Surgery	PE Tubes	Vasectomy
Facial Surgery	Prostate Surgery	Breast Implants
Gallbladder	Splenectomy	Liposuction

FAMILY HISTORY

Please mark the disease and circle the family member who has had this disease.

(F= Father, M= Mother, B= Brother, S= Sister, GP= Grandparent)

NONE

Breast Cancer M S GP	Heart Disease F M B/S GP	Adopted
Colon Cancer F M B/S GP	Melanoma F M B/S GP	Unknown
Diabetes F M B/S GP	Prostate Cancer F B GP	

SOCIAL HISTORY

Marital Status: Married Single Divorced Widowed

Occupation: _____

Name of Spouse: _____

Names/Ages of Children: _____

Exercise times per week: _____ Nicotine: **No** **Yes** (packs/day) _____ Alcohol: **No** **Yes** (drinks per day) _____

HEALTH HISTORY

Do you have a living will? **No** **Yes** Date last reviewed _____

When was your last complete physical? _____

When was your last Tetanus booster? _____

Have you received a pneumonia vaccine? **No** **Yes** Date of vaccine _____

MEN AND WOMEN OVER AGE 50

When did you last have:

A stool specimen tested for blood/cancer? **Never** **Yes** _____

A colonoscopy or sigmoidoscopy to check for colon cancer? **Never** **Yes** _____

An exercise stress test? **Never** **Yes** _____

An EKG? **Never** **Yes** _____

FOR MEN OVER 50



When was your last PSA blood test? **Never** **Yes** _____

FOR WOMEN ONLY

Are you pregnant? **No** **Yes** If yes, how far along? _____
 When was your last mammogram? **Never** **Yes** _____ At which facility? _____
 When was your last pap smear? **Never** **Yes** _____ Performed by: _____
 When was your last bone density scan? **Never** **Yes** _____
 When was the first day of your last menstrual period? _____
 What form of contraception do you currently use? **None** **Yes** _____

PREFERRED PHARMACY

Name _____

Address _____

Phone _____

COSMETIC HEALTH QUESTIONS

YES **NO** Have you ever had herpes, cold sores, fever blisters, keloids or hives? Please circle each you've had.
YES **NO** Is your family prone to vascular blemishes? If yes, please indicate type below:
 Spider Veins Varicose leg veins Cherry Angioma Facial Capillaries Rosacea Other _____
YES **NO** Have you ever visited a dermatologist, plastic surgeon, cosmetic dentist, or other skin care clinic?
 Please list _____
YES **NO** Do you suntan? When was your most recent sun exposure? _____
YES **NO** Do you use sunscreen?
YES **NO** Do you use any artificial tanning products?
YES **NO** Have you ever been on Accutane? Date of last treatment? _____
YES **NO** Are you currently taking or have you recently finished taking any antibiotics? _____
YES **NO** Have you ever suffered a severe allergic reaction? If so, explain. _____
YES **NO** Have you ever had an allergic reaction to local or topical anesthesia? If so, explain. _____
YES **NO** Do you have any skin conditions? If so, which? _____
YES **NO** Do you have a history of atypical moles, melanoma, or skin cancer in your family? Please list: _____
YES **NO** Are you currently undergoing chemotherapy or radiation? _____

Describe your skin: **Dry** **Oily** **Normal** **Combination**

Are you currently using any form of: **Retin-A** **Differin** **Tazorac** **Glycolic Acid** **Salicyic Acid**
Hydroquinone **Other:** _____

PLEASE INDICATE THE FOLLOWING CONCERNS:

NONE

Acne	Lip Lines	Hair Reduction
Enlarged Pores	Lip Volume Loss	Erectile Dysfunction

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Brown Spots	Nose-to-Mouth Lines	Urinary Incontinence
Fine Lines/Wrinkles	Red Spots/Flushing	Vaginal Dryness
Facial Dryness	Scarring	Loss of Libido
Facial Oiliness	Skin Texture	Thinning Brows
Facial Volume Loss	Hair Loss	Hormones
Forehead	Under Eye Circles/Crepiness	Weight Loss
Lines/Frown Lines	Uneven Skin Texture	Neck and Chest Discoloration
Other _____	Other _____	Other _____

Please describe adverse reactions to topical skin care products, makeup, medications or cosmetic treatments: **NONE**

Do you feel your current skin care regimen is addressing your primary concerns listed today? **Yes No**
If no, please explain:

PLEASE INDICATE WHICH OF THE FOLLOWING TREATMENTS YOU HAVE RECEIVED: NONE

Rhytidectomy (Face lift) Date	Dermal Fillers Date
Rhinoplasty (Nose) Date	Botox Injections Date
Blepharoplasty (Eye lift) Date	Breast Augmentation Date
Laser Resurfacing Date	Breast Reduction Date
Medical Acid Peels Date	Liposuction Date
Collagen Injections Date	Tummy Tuck Date
Other	Other

ADDITIONAL COMMENTS FOR YOUR PROVIDER _____

Patient Signature _____ Date _____

Provider _____ Date _____
Name: _____ Date: _____

Skin Type Classification Questionnaire

Scor	0	1	2	3	4
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	What is the natural color of your hair?	Sandy Red	Blonde	Chestnut, dark blonde	Dark brown	Black
	What is your eye color?	Light blue, Gray, Green	Blue, Gray, Green	Hazel	Dark brown	Brownish black
	What is the color of unexposed skin?	Reddish	Very pale	Pale with Beige Tint	Light brown	Dark brown
	How many freckles are on unexposed skin?	Several	Many	Some	Few	None
	What happens when you are in the sun TOO long without sunblock?	Painful redness, blistering, peeling	Burning followed by peeling	Burning followed by tanning	Rarely burns	Never burns
	How well do you turn brown?	Never	Some light color tan	Reasonable tan	Easily tan	Always tan
	Do you turn brown within one day of sun exposure?	Never	Seldom	Sometimes	Often	Always
	How does your face respond to the sun?	Very Sensitive	Sensitive	Normal	Little sensitivity	No sensitivity
	When did you last expose yourself to the sun or artificial sun treatments?	More than 3 months ago	2-3 Months ago	1-2 Months ago	Less than 1 month ago	Less than two weeks ago
	Do you normally expose the area to be treated to the sun?	Never	Seldom	Sometimes	Often	Always
	TOTAL					

Genetic Orientation (Please Choose):

☐ African American
 ☐ Asian
 ☐ Caucasian
 ☐ Hispanic
☐ Mediterranean
 ☐ Native American
 ☐ Other

00-07 Points = Skin Type I
 08-16 Points = Skin Type 2
 17-25 Points = Skin Type 3
 26-30 Points = Skin Type 4
 31-40 Points = Skin Type 5 & 6



PATIENT CONSENT FORM

Consent for the taking and publication of photographs, videotape, and/or Computer Images

I, _____, hereby consent that photographs, videotape, and/or computer imaging may be taken of me or of parts of my body under the following conditions:

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Pre-treatment and post-treatment photographs will be taken of my treatment for medical record purposes. The photographs will be taken by my physician or staff member of my physician. I understand that these photographs will be the property of the attending physician and *Woodlands Wellness & Cosmetic Center*.

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Pre-treatment and post-treatment photographs will be taken of my treatment for medical record purposes. Such photographs and/or videotape shall be used only for medical records, teaching, publication, marketing, or scientific research by my physician and *Woodlands Wellness & Cosmetic Center*, provided that in any such publication the use of my name and identity is kept confidential and protected. Such photographs may be edited at the discretion of my physician to protect my confidentiality or emphasize the treated area.

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I have had the opportunity to discuss this consent with my attending physician or a qualified staff member of *Woodlands Wellness & Cosmetic Center*. I agree that all of my questions have been answered. I hereby waive all rights I might have to such photographs, videotape, and computer images and do hereby release, discharge, and save harmless my physician & *Woodlands Wellness & Cosmetic Center* and their respective managers & employees from all such claims and liabilities whatsoever in law and in equity arising from the use of such photographs, videotape and computer images described above.

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I have **declined** having any photos taken by my attending physician or any staff of *Woodlands Wellness & Cosmetic Center*. By signing below, I am indicating that I understand that I will be unable to visualize the treatment changes over time.

I have read and fully understand this Photo/Video/Computer Imaging Consent and agree to all of its terms.

Patient Signature _____ Date _____

Witness Signature _____ Date _____